

The Chapter Letter



SUNDAY 6 JULY - SUNDAY 20 JULY

This weekend, I will be leading a retreat on the topic of Sabbath, our God-given invitation to rest. In fact, it is more than simply an invitation; it is a commandment. In Deuteronomy 5, it is written, "Observe the sabbath day and keep it holy, as the Lord your God commanded you. For six days, you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work."

Why did God feel the need to make rest a commandment?

Walter Brueggemann, in his book *Sabbath as Resistance*, provides a clue: "Sabbath, in the first instance, is not about worship. It is about a work stoppage. It is about withdrawal from the anxiety system of Pharaoh, the refusal to let one's life be defined by production and consumption and the endless pursuit of private well-being."

What was true thousands of years ago in Egypt still seems pertinent today. Many of us feel part of 'anxiety systems of production and consumption', or alternatively, perhaps discarded by them.

God's gift of Sabbath reminds us that we are more than what we do or don't produce, that being made in the image of God, we do not need to earn rest and flourishing, but are instead called first into abiding with God in a place of rest, renewal and delight.

Abiding in God is about being known and loved by God in our fullness. This can be both a gift, as we learn God's full love and acceptance, and also a challenge, as we seek to be fully open and honest about our shadows and failings, and allow God's healing into our brokenness. There is a deep rest that comes from being fully seen and fully loved, and a restoration of ourselves which gifts us energy to give out to others and the world.

What helps you abide in God? And how might you make more time for God's rest and delight – for Sabbath – in your life this week?

ROWENA KING, CANON MISSIONER

BIBLE READINGS

Sunday 6 July

Third Sunday after Trinity

Eucharist

Isaiah 66.10-14
Galatians 6.[1-6] 7-16
Luke 10.1-11, 16-20

Evening Prayer

Genesis 29.1-20
Mark 6.7-29

Sunday 13 July

Fourth Sunday after Trinity

Eucharist

Deuteronomy 30.9-14
Colossians 1.1-14
Luke 10.25-37

Evening Prayer

Genesis 32.9-30
Mark 7.1-23

Sunday 20 July

Fifth Sunday after Trinity

Eucharist

Genesis 18.1-10a
Colossians 1.15-28
Luke 10.38-end

Evening Prayer

Genesis 41.1-16, 25-37
I Corinthians 4.8-13

Worship and Mission

Weekly service schedule

Details of services and music can be viewed on the Cathedral's website. Visit: <https://lincolncathedral.com/worship-music/services-list>

Stillpoint

This is a time of guided silent prayer to be still and aware of the presence of God. We meet in the Longland Chantry from 9.15am to 9.45am on the following Mondays: **8 September, 6 October, 3 November, 1 December**

After Hours

Sunday 13 July, 6pm

Enjoy a gentle and reflective space with time to wonder, and the chance to experience the unique atmosphere of the Cathedral as the day draws to a close.

Prayers for Healing and Wholeness

Wednesday Thursday 7 August, after Evening Prayer at St Hugh's Shrine

Prayer for healing with the laying on of hands and anointing will be offered after Evening Prayer (which begins at 5.30pm) on the first Wednesday of each month. In August, it will be held on the first Thursday of the month. For further information, speak to Rowena or Simon.

Community

Latest Edition of InHouse: Summer

The Summer edition of InHouse is here! The Cathedral is always a place of "comings and goings", and we bid a warm welcome to the Rev Canon Darren McFarland, our new Succentor, and to Mel Tettey, our Chief Operating Officer and Chapter Clerk. At the same time, we say farewell to our Precentor, the Rev Canon Dr Nick Brown, who is moving to St George's Chapel, Windsor, and to the Bishop of Grimsby, the Right Reverend Dr David Court. Visit this link to download InHouse - <https://lincolncathedral.com/latest-news/the-latest-edition-of-inhouse/>

Stow Minster Ecumenical Quiet Day

Saturday 12 July from 10am to 3.30pm

You're invited to join Canon Dr Ian Stockton and Fr Alex Adkins at Stow Minster for their Ecumenical Quiet Day on the theme of Holy Place. Hot drinks will be provided but a packed lunch is recommended. A donation of £10 to support the fabric of this beautiful church is suggested. Places are limited so to book, please contact David Justham on 01427 788725 or email david.justham@talk21.com

Sponsor Micky's Race for Life

On July 19 at 11am, Micky Philp will be taking part in a race for life in honour of her daughter who has recently been cured of a cancer, her beloved sister in law who died suddenly of a difficult cancer and her much loved son in law who is at present fighting cancer. You can sponsor Micky by donating to Cancer Research UK at <https://fundraise.cancerresearchuk.org/page/michaelas-race-for-life-9166>. If you're unable to donate online, Micky has a form which you can fill out for cash donations.

Community

Thank you from St Mary's in Riseholme

The congregation of Saint Mary's Riseholme would like to extend a very warm thank you to the Cathedral congregation and wider community for your magnificent support of their open weekend on Saturday 28 and Sunday 29 June. Your presence and generosity were greatly appreciated. We hope you enjoyed your visit.

Summer Visit

Saturday 26 July

This year the destination for the LCC summer visit is Southwell where there will be a tour of the Minster and a walk around the town with the opportunity to stay for evensong with the choir of St Mary's Episcopal Cathedral, Glasgow featuring the LCC Committee Chair, Simon Crookall. Further details will be available shortly.

LCC supporting The King's Men in Concert

Friday 29 August. 7.30pm

The King's Men are returning to Lincoln Cathedral for a summer concert when they will perform a combination of traditional church music and lighter close harmony arrangements. Tickets are £10 and available on the Cathedral's website. The King's Men are a close-harmony group formed from the Choral Scholars and Lay Clerks of the Choir of King's College, Cambridge. If you wish to know more about the Lincoln Cathedral Community and how you can help, please email Andrea at lccc@lincolncathedral.com.

Events

Mindful Mile

Tuesday 8 July, 12.30pm

Join us for July's Mindful Mile with Vic from Green Synergy, a zen meditation and mindfulness teacher, to explore how nature can reconnect us to a greater sense of ease and aliveness.

Vespers: A Concert of Forgotten Music

Saturday 2 August, 7.30pm

Come join us at Lincoln Cathedral for a magical evening of music by composers who have been overlooked by history. This in-person event will transport you through time as you listen to beautiful melodies that have been waiting to be rediscovered. Don't miss this unique opportunity to experience the echoes of the past in a breathtaking setting. Book your tickets now and be part of a musical journey like no other!

Wallace & Gromit; The Wrong Trousers in Concert! Saturday 16 August

You'll be treated to a showing of the film on a big screen in the Nave of the Cathedral, and the 30-piece chamber orchestra will bring the soundtrack to life. See Wallace and Gromit's escapades against the cunning Feathers McGraw and his villainous plan to steal a diamond using Wallace's latest invention, a pair of robotic trousers. There will be five performances at 11am, 1.30pm, 3pm, 7pm, and 8.30pm.

For more details of forthcoming events and to book your tickets, go to our website at www.lincolncathedral.com/events